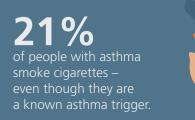
Asthma and Smoking







Cigarette smoke is the **2nd** most cited cause of asthma flares.

Smokers with severe asthma have poorer asthma control and more unscheduled healthcare visits.

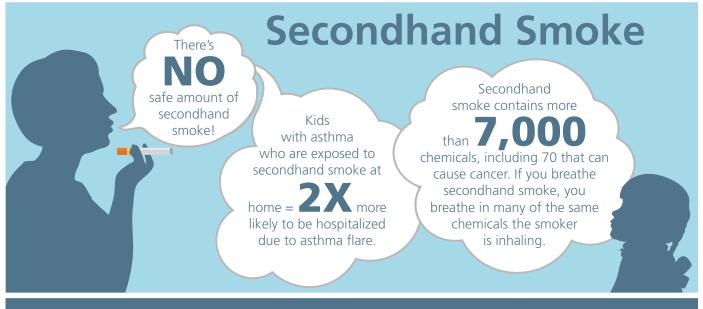
1,300 deaths per day are attributed to smoking.

noking.

Smoking or exposure to secondhand smoke can cause:

- Lung cancer
- More frequent and severe asthma flares
- COPD
- Respiratory infections
- Coughing and wheezing
- Ear infections in children
- Heart disease
- Stroke
- Nicotine addiction





Benefits to Quitting Smoking

- Repairs the body improved lung function
- Reduces risk of asthma flare
- Reduces risk of developing COPD
- Ensures you're not harming others via secondhand smoke
- Extends your life

